

# PSYCHOSOCIAL SUPPORT SUMMIT 2026

## Shaping the Future Of Supportive Oncology:

*Integrating Psychosocial Care,  
Nutrition, Technology, and Community*



**4 - 5 SEPTEMBER 2026**



**Lecture Theatre 8,  
Level 1, Sunway University**

**CPD  
POINTS  
AWARDED**

myCPD

MPS-CPD

LKM-CPD

# ABOUT THE SUMMIT

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The **Psychosocial Support Summit** is an exclusive programme within the congress dedicated to fostering multidisciplinary, patient-centred cancer care by highlighting the essential role of psychosocial support throughout the cancer journey. This summit aims to bring together key stakeholders, including healthcare professionals, psychosocial support providers, patient organisations, caregivers, advocates, and community partners, to foster meaningful dialogue, knowledge exchange, and collaboration. It serves as a platform to strengthen the delivery of psychosocial support and highlight its essential role throughout the cancer journey, from diagnosis and treatment to survivorship and beyond.

The summit will feature plenary lectures, expert panel discussions, workshops, and interactive sessions covering key areas including psychosocial interventions, nutrition, rehabilitation, survivorship, palliative and supportive care, digital health innovations, patient advocacy, community engagement, and current research. Through these discussions, the summit aims to strengthen interdisciplinary collaboration and inspire practical strategies that improve comprehensive cancer care across Malaysia and beyond.

# ORGANISING COMMITTEE



## DIRECTOR OF PSYCHOSOCIAL SUPPORT SUMMIT

Kolonel Bersekutu (PA) Prof. Dr Murallitharan Munisamy



## SUMMIT CHAIRPERSON

Jefferson Ng Khai Qiang

## SUMMIT CO-CHAIRPERSONS

(DIETITIAN DIVISION)



Kwan Zi Yi

(MENTAL HEALTH DIVISION)



Lekshna Rubini  
Muralivaman

## REGISTRATION LEAD



Nurul Atiqah  
Binti Zulkefli



Hamsteni a/p  
Supparmaniam

## SPEAKER COORDINATION



Caroline  
Chen Kai Xin



Eunice Chan  
Xiou Zhi

## LOGISTIC LEAD



Siti Norzulaika  
Zakaria

## COMMUNICATION LEAD



Khadijah Nadiah  
Abd. Raman

# PROGRAMME AGENDA



| TIME                              | PROGRAMME                                                       | NOTES                                                                                                                                    |
|-----------------------------------|-----------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|
| DAY 1   4 SEPTEMBER 2026   FRIDAY |                                                                 |                                                                                                                                          |
| 8.00 AM - 9.00 AM                 | REGISTRATION                                                    | Registration of Delegates                                                                                                                |
| 9.00 AM - 10.00 AM                | BREAKFAST                                                       | Breakfast & Networking                                                                                                                   |
| 10.00 AM - 11.00 AM               | OFFICIAL CEREMONY                                               | Opening Ceremony                                                                                                                         |
| 11.00 AM - 11.20 AM               | OPENING KEYNOTE                                                 | The State of Supportive Oncology in Malaysia: Policy, Gaps, and Path Forward                                                             |
| 11.20 AM - 11.40 AM               | KEYNOTE PLENARY 1                                               | Mental Health, Nutrition, and Cancer: Understanding the Bidirectional Connection                                                         |
| 11.40 AM - 12.00 PM               | PLENARY 1:<br>CURRENT UPDATES<br>ON PSYCHOSOCIAL<br>SUPPORT     | Plenary 1 -<br>The Evolving Landscape of Psycho-Oncology: New Paradigms in Patient Care                                                  |
| 12.00 PM - 12.20 PM               |                                                                 | Plenary 2 -<br>A Team's Approach to ERAS: Patient Perception and Critical Role of Perioperative Immunonutrition in Gynaecological Cancer |
| 12.20 PM - 12.40 PM               |                                                                 | Plenary 3 -<br>Who Gets the Support: Addressing Barriers and Inequities in Psychosocial Cancer Care                                      |
| 12.40 PM - 1.00 PM                |                                                                 | Plenary Q&A                                                                                                                              |
| 1.00 PM - 2.30PM                  | LUNCH BREAK                                                     | Lunch & Prayer Break                                                                                                                     |
| 2.30 PM - 3.10 PM                 | MULTIDISCIPLINARY FORUM                                         | The Integrated Oncology Team: Fostering Collaboration Across Multidisciplinary Forum Disciplines                                         |
| 3.10 PM - 3.30 PM                 | KEYNOTE PLENARY 2                                               | From Hospital to Home: Redesigning Transitions for Supportive Care in the Household                                                      |
| 3.30 PM - 3.50 PM                 | PLENARY 2:<br>PAEDIATRIC<br>PSYCHOSOCIAL<br>CARE<br>IN ONCOLOGY | Plenary 1 -<br>Nourishing More Than the Body: Nutrition and Lifestyle in Childhood Cancer                                                |
| 3.50 PM - 4.10PM                  |                                                                 | Plenary 2 -<br>Psychological Interventions & Expressive Modalities for Paediatric Distress                                               |
| 4.10 PM - 4.30 PM                 |                                                                 | Plenary 3 -<br>The Family Behind the Diagnosis: Caring for the Whole Family                                                              |
| 4.30 PM - 5.00 PM                 |                                                                 | Plenary Q&A                                                                                                                              |
| 5.00 PM - 5.30 PM                 | COFFEE BREAK                                                    | Coffee Break & Networking                                                                                                                |
| 5.30 PM                           | END                                                             | End of Day 1                                                                                                                             |

# PROGRAMME AGENDA



| TIME                                | PROGRAMME                                                   | NOTES                                                                                               |
|-------------------------------------|-------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|
| DAY 2   5 SEPTEMBER 2026   SATURDAY |                                                             |                                                                                                     |
| 8.00 AM - 9.00 AM                   | REGISTRATION                                                | Registration of Delegates                                                                           |
| 9.00 AM - 10.00 AM                  | BREAKFAST                                                   | Breakfast & Networking                                                                              |
| 10.00 AM - 10.20 AM                 | PLENARY 3:<br>TECHNOLOGIES IN<br>PSYCHOSOCIAL<br>SUPPORT    | Plenary 1 -<br>When Innovation Meets Empathy: AI Integration into Supportive Care                   |
| 10.20 AM - 10.40 AM                 |                                                             | Plenary 2 -<br>Harnessing Digital Platforms: Using Social Media for Effective Patient Advocacy      |
| 10.40 AM - 11.00 AM                 |                                                             | Plenary 3 -<br>Compassion at First Contact: Helplines in Supporting Children in Distress            |
| 11.00 AM - 11.30 AM                 |                                                             | Plenary Q&A                                                                                         |
| 11.30 AM - 11.50 AM                 | PLENARY 4:<br>PSYCHOSOCIAL<br>SUPPORT AT THE<br>END OF LIFE | Plenary 1 -<br>Total Pain & the Whole Person: Role of Psychology in Cancer Pain Management          |
| 11.50 AM - 12.10 PM                 |                                                             | Plenary 2 -<br>From Nourishment to Comfort: Reframing Nutrition at the End of Life                  |
| 12.10 PM - 12.30 PM                 |                                                             | Plenary 3 -<br>Shifting Priorities at the End of Life: Rethinking Radiation Therapy Through Dignity |
| 12.30 PM - 1.00 PM                  |                                                             | Plenary Q&A                                                                                         |
| 1.00 PM - 1.20 PM                   | CLOSING KEYNOTE                                             | Looking Ahead: Next-Decade Innovations and Policies in Supportive Cancer Care                       |
| 1.20 PM - 1.30 PM                   | CLOSING REMARKS                                             | Closing Remarks                                                                                     |
| 1.30 PM - 2.30 PM                   | LUNCH                                                       | Lunch & Networking                                                                                  |
| 2.30 PM - 4.30 PM                   | NCCM 2026                                                   | Opening Ceremony to the National Cancer Congress Malaysia 2026                                      |

# SPEAKER PROFILES



## Jefferson Ng Khai Qiang

*Clinical Psychologist & Assistant Manager*

National Cancer Society of Malaysia

## Opening Keynote

### **The State of Supportive Oncology in Malaysia: Policy, Gaps, and Path Forward**

The opening keynote will examine the current landscape of supportive oncology and psychosocial care in Malaysia, tracing its development, reviewing existing services, and highlighting persistent gaps. The presentation will establish the case for strengthening psychosocial support as an essential component of comprehensive, patient-centred cancer care.

# SPEAKER PROFILES



**Dr Wong Ting Xuan**

*Lecturer & Registered Dietitian*

IMU University

## Keynote Plenary 1

### **Mental Health, Nutrition, and Cancer: Understanding the Bidirectional Connection**

Examining the gut-brain axis and its relevance to cancer care, with a focus on the bidirectional relationship between psychological wellbeing and nutrition. The keynote will explore how emotional distress, coping, motivation, and dietary behaviours interact, while considering how nutritional challenges may influence mental health, quality of life, and overall cancer care.

# SPEAKER PROFILES



## Plenary 1

Current Updates on Psychosocial Support



**Dr. Sapini Yacob**

*Consultant Psychiatrist*

Hospital Shah Alam



**Ho Chiou Yi**

*Clinical Dietitian*

National Cancer Institute of Malaysia



**Dr. Nur Hidayati**

*Medical Doctor*

National Institutes of Health (NIH)



# SPEAKER PROFILES

## Plenary Forum

Multidisciplinary Approach  
in Cancer Care



Caroline Chen Kai Xin  
Cancer Information Service Executive  
National Cancer Society of Malaysia



**Lai Ming Ying, Kelly**

*Counsellor*

Hospital Picaso



**Maheswari Jaganathan**

*Deputy Head of Community Outreach Unit*

Cancer Research Malaysia



**Nursuhaila Sha'ari**

*Dietitian*

Hospital Kuala Lumpur

# SPEAKER PROFILES



**Dr. Teoh See Wie**

*Family Medicine Specialist*

Klinik Kesihatan Salak, Sepang

## Keynote Plenary 2

### **From Hospital to Home: Redesigning Transitions for Supportive Care in the Household**

Exploring the transition from hospital to home and community care, focusing on preparation, identification of ongoing psychosocial and practical needs, and access to community-based support. The discussion highlights coordinated care, effective referral pathways, and the role of healthcare professionals in supporting patients and caregivers beyond the hospital setting.

# SPEAKER PROFILES



## Plenary 2

Paediatric Psychosocial Support



**Phang Chin Yi**

*Dietitian & PhD Candidate*

Universiti Kebangsaan Malaysia



**Dr. Yang Wai Wai**

*Clinical Child Psychologist*

Hospital Tunku Ampuan Besar Tuanku Aishah Rohani



**Dr. Nicole Chen Lee Ping**

*Counsellor & Clinical Director*

HEAL Systemic Therapy Centre

# SPEAKER PROFILES



## Plenary 3

Technologies in Psychosocial Support



**Srishti Srivastava**

*Founder & CEO*

Infiheal Healthtech



**Lee Zhi Ling**

*Nutritionist*

Content Creator



**Siti Anisah Muhammad Johan**

*Clinical Psychologist*

HumanKind

# SPEAKER PROFILES



## Plenary 4

Psychosocial Support at the End of Life



**Dr. Shawn Lee Ji Kwan**

*Director of Clinical Practice & Clinical Psychologist*

Monash University Malaysia



**Yeoh Chai Yen**

*Dietitian & Dementia Care Advocate*

National Cancer Society of Malaysia



**Leong Wun Chin**

*Radiation Therapist*

Institut Kanser Negara



A Programme Exclusively Under the:



## STAY CONNECTED

 03 - 2698 7300

 [contact@cancer.org.my](mailto:contact@cancer.org.my)

 [www.cancer.org.my](http://www.cancer.org.my)

